

CAPITAL REGION ORTHOPAEDICS  
**BONE & JOINT**  
 CENTER  
 Orthopaedic Excellence. Exceptional Care.

**PLEASE SEE BELOW FOR YOUR THERAPIST'S ADDRESS**  
**NOTE: PLEASE CHECK WITH YOUR INSURANCE PLAN REGARDING COVERAGE**

<b>THOMAS NICOLLA PHYSICAL THERAPY ASSOCIATES</b>		
<b>1367 WASHINGTON AVE, ALBANY, NY 12206</b> <b>*POOL THERAPY AVAILABLE</b> P: 438-7926 F: 438-8364 Jay Peacock	<b>10 VISTA BLVD, SLINGERLANDS NY 12159</b> P: 478-9049 F: 478-0133 Heather Ellis	<b>711 TROY SCHENECTADY RD, LATHAM 12110</b> P: 690-2882 F: 690-2884 Kim Teter, Kelly Molina
<b>989 ROUTE 146, BLDG 100, CLIFTON PARK, NY 12065</b> P: 371-5221 F: 371-5378 Sam Arnold		<b>KIDS CARE 711 TROY SCHENECTADY RD, LATHAM 12110</b> P: 786-1665 F: 785-0056 Kim Fahey
<b>Hand/ Occupational Therapy:</b>	<b>1367 WASHINGTON AVENUE, ALBANY 12206</b> P: 438-7926 F: 438-8364 Carol Lampman	<b>711 TROY SCHENECTADY RD, LATHAM 12110</b> P: 690-2882 F: 690-2884 Kate Beauvais

**ACCESS THERAPY**

515 MUE RD., CLIFTON PARK 12065  
 P: 280-4294 F: 280-4297

**ADIRONDACK PT & FITNESS**

3971 MAIN STREET, PO BOX 762  
 WARRENSBURG 12885  
 P: 623-2888 F: 623-2880

**ADVANCED PT OF ALBANY**

747 MADISON AVE., STE. 1, ALBANY 12208  
 P: 443-2279 F: 443-7246

**ALBANY MEDICAL CENTER, OT**

43 NEW SCOTLAND AVE, ALBANY 12208  
 P: 262-4208 F: 262-3020  
 KERRI PRESTON

**ALBANY MEDICAL CTR  
 OUTPATIENT PT**

**\*AQUACISER AVAILABLE**  
 99 Delaware Avenue, Delmar, NY 12054  
 P: 262-9700 F: 262-9720

**ALBANY MEM HAND REHAB CENTER**

600 NORTHERN BLVD, EAST WING, 2ND FL  
 ALBANY 12204  
 P: 427-3373 F: 471-4901

**ALBANY CHIROPRACTIC & PT**

1694 CENTRAL AVE., ALBANY 12205  
 P: 869-3884 F: 869-6030  
 JOE TRIMARCHI

**ALBANY PHYSICAL THERAPY**

4 EXECUTIVE PARK DR., ALBANY 12203  
 P: 489-2449 F: 489-2991

**ALTAMONT PT**

122 MAPLE AVE. PO BOX 426

**CHOICE PHYSICAL THERAPY**

506 CAMPBELL AVE, TROY 12180  
 P: 203-6761 F: 203-6762  
 JOE NAPOLEONE, ERIN NAPOLEONE

**CIANI & MORRIS PHYSICAL THERAPY**

R1 RTE 325 P.O. BOX 476 GREENVILLE 12083  
 P: 966-4568 F: 966-4569  
 MARY JOAN CIANI #10000339

**CLIFTON PARK PHYSICAL THERAPY**

4 EMMA LANE, STE 401, CLIFTON PARK, 12065  
 P: 383-2610 F: 383-8188  
 KRISTINE WANMER  
**COCOZZO PHYSICAL THERAPY**  
 2452 ROUTE 9, STE. 101, MALTA 12020  
 P: 289-5751 F: 400-1179

**COLUMBIA PT**

**\*POOL THERAPY AVAILABLE**  
 3 SPRINGHURST DR STE 1, EAST GREENBUSH 12061  
 P: 479-7172 F: 286-3798  
 OCEAN JOB LOT 2827 RT 9, VALATIE 12184  
 P: 758-7616 F: 758-7557

**COMMUNITY CARE PHYSICIANS**

711 TROY SCHENECTADY RD STE 103 LATHAM 12110  
 P: 783-3110 EXT 3199 F: 220-9506  
 250 DELAWARE AVE, DELMAR 12054  
 P: 439-2417 F: 439-1190  
 1783 Route 9, Suite 105  
 P: 373-2042 F: 373-1293

**COMPREHENSIVE P.T.**

81 MILLER ROAD, SCHODACK, 12033  
 P: 915-1452 F: 729-3181

**ELLIS MEDICINE PHYSICAL THERAPY**

1101 NOTT STREET, SCHENECTADY

**KINGSTON HAND THERAPY CTR**

340 PLAZA RD, KINGSTON 12401  
 P: 845-339-4139 F: 845-339-5730

**KINGSTON PT**

340 PLAZA RD, KINGSTON 12401  
 P: 845-339-4722 F: 845-339-5730

**LAMARCO P.T.**

417 GEYSER RD, BALLSTON SPA 12020  
 P: 587-3256 F: 587-5210

**MACCIO PHYSICAL THERAPY**

1 NEW HAMPSHIRE AVE, TROY 12180  
 P: 273-2121 F: 273-0701  
**MARANTHA PT & REHABILITATION**  
 PO BOX 308, COBLESKILL 12403  
 P: 234-2868 F: 354-7050  
 STELLA MCKENNA #10001204

**MCLAUGHLIN JUDD PHYSICAL THERAPY**

3434 CARMAN ROAD, SCHENECTADY 12303  
 P: 356-7445 F: 357-0018

**NEW FOCUS PT**

1 AGWAY DR., EAST GREENBUSH 12061  
 P: 326-9065 F: 326-9064

**NEW SCOTLAND PHYSICAL THERAPY**

1969 NEW SCOTLAND RD SLINGERLANDS 12159  
 P: 621-7305 F: 621-4500

**ORTHOPEDIC AND SPINE PT PC**

3 HUNTERBROOK LN, QUEENSBURY 12804  
 P: 793-0891 F: 793-2936

**ORTHOPAEDIC AND SPINE PT CON'T**

**PROACTIVE PT & WELLNESS**

2403 STATE RTE 7, SUITE 5, COBLESKILL, 12043  
 P: 234-7760 F: 234-7762

**REGIONAL THERAPY CENTER**

**\*POOL THERAPY AVAILABLE**  
 6 CARE LANE, 2ND FLOOR, SARATOGA SPRINGS 12866  
 P: 518-583-8383 F: 518-583-8437  
 225 WASHINGTON ST., SARATOGA SPRINGS 12866  
 P: 518-583-8383 F: 518-583-8437  
 THE SPRINGS ON WEIBEL AVE. 9 HEMPSTEAD PL., SARATOGA SPRINGS 12866  
 P: 518-583-8383 F: 518-583-8437  
 MALTA COMMONS BUSINESS PARK 100 SARATOGA VILLAGE BLVD., SUITE 34  
 P: 518-583-8383 F: 518-583-8437  
 MILTON HEALTH CENTER 510 GEYSER RD, BALLSTON SPA 12020  
 P: 518-583-8383 F: 518-583-8437

**RJN PT**

3 ATRIUM DRIVE, STE 110, ALBANY 12205  
 P: 489-2020 F: 489-0716  
 RICHARD WAITE #100003009

**ROCKLEIN PT**

163 DELAWARE AVE, STE. 101 DELMAR, 12054  
 P: 915-1890 F: 621-7512

**SARATOGA PHYSICAL THERAPY ASSOCIATION**

5 CARE LN, SARATOGA SPRINGS 12866  
 P: 587-5670 F: 587-5674  
 2388 RTE 9 MALTA, NY 12020  
 P: 899-1140 F: 899-1139

CAPITAL REGION ORTHOPAEDICS  
**BONE & JOINT**  
CENTER  
Orthopaedic Excellence. Exceptional Care.

ALTAMONT 12209  
P: 861-6608 F: 861-6573

**BALANCED HEALTH PT**  
41 ARTERIAL PLAZA #15B  
GLOVERSVILLE 12078  
P: 775-9554 F: 773-7747

**BENNINGTON PHYSICAL THERAPY/**

**PHYSICAL THERAPY OF HOOSICK FALLS**  
328 DEWEY STREET, BENNINGTON VT.,  
05201  
P: 802-447-2101 F: 518-686-1412  
3 MAIN STREET, HOOSICK FALLS, NY  
12090  
P: 802-447-2101 F: 518-686-1412

**BROWNING-BUTLER PT ASSOC**  
1026 HOOSICK ROAD, TROY 12180  
P: 279-1400 F: 279-4207  
SUE HANNA #10026778

**BRUNSWICK PHYSICAL THERAPY**  
4164 NY 2  
TROY, NY 12180  
P: 326-9272 F: 326-9273

**CAPITAL AREA PT AND WELLNESS**  
7 HEMPHILL PLACE STE 130, MALTA  
12020  
P: 289-5242 F: 289-5294

**CAPITAL REGION PHYSICAL THERAPY**  
1220 NEW SCOTLAND RD, STE 103,  
SLINGERLANDS 12159  
P: 439-5006 F: 439-6143  
SEARS# 10055911

**CARPENTER PHYSICAL THERAPY**  
28 HUDSON ST., WARRENSBURG 12885  
P: 623-3410 F: 338-0125  
(AMANDA CARPENTER)

**CENTER FOR THE DISABILITY**  
**\*POOL THERAPY AVAILABLE**  
14 S. MANNING BLVD, ALBANY 12208  
P: 437-5700 F: 437-5573  
939 RTE 146 CLIFTON PARK 12065  
P: 371-6214 F: 371-6981  
**CATSKILL PHYSICAL THERAPY**  
70 HILL STREET, CATSKILL 12414  
P: 943-5370 F: 943-5325

12308  
P: 243-4320 F: 243-1622

**EMPIRE HEALTH AND WELLNESS  
CENTER**  
8 CENTURY HILL DR. STE 201, LATHAM  
12110  
P: 690-4406 F: 220-9220

**EXCEL PHYSICAL THERAPY**  
247 MAIN ST., CAIRO 12413  
P: 622-2900  
336 FAIRVIEW AVE. HUDSON 12534  
P: 828-7101 F: 828-7102  
159 JEFFERSON HEIGHTS,  
CATSKILL 12414  
P: 719-3304 F: 719-0007  
11831 RT 9W WEST COXSACKIE,  
12192  
P: 731-1157 F: 731-1158

**GOODEMOTE PHYSICAL THERAPY**  
3 MAPLE DELL, SARATOGA SPRINGS  
12866  
P: 306-6894 F: 450-1580

**GUILDERLAND PT**  
2563 WESTERN AVE., PO BOX 69  
GUILDERLAND 12084  
P: 456-6097 F: 456-3480  
ARTHUR DE MOREE #10000472

**HAND THERAPY AT GUILDERLAND**  
3434 CARMAN ROAD, SCHENECTADY  
12303  
P: 630-6167 F: 357-0018

**HAND TO HAND OCCUPATIONAL  
THERAPY**  
100 GLEN ST. STE 3D, GLENS FALLS  
12801  
P: 223-0119 F: 866-317-3447

**HELPING HANDS PHYSICAL THERAPY**  
4 MAIN ST, GREENWICH 12834  
P: 692-3311 F: 692-8153

**HYER PHYSICAL THERAPY**  
6194 RT 23A TANNERSVILLE 12485  
P: 589-6825 F: 589-6826

**INTEGRATIVE PHYSICAL THERAPY  
(IPT)**  
1 BARNEY RD, CLIFTON PARK 12866  
P: 373-0735 F: 373-7967

1391 RT 9 FT. EDWARD 12828  
P: 793-6333 F: 793-6339  
DENISE DIDIO BUHER, PT

**ORTHOPEDIC & SPORTS REHAB**  
13 BAYWOOD DRIVE, QUEENSBURY  
12804  
P: 761-0850 F: 745-1351  
JEFF FOSS PT

**OSTRANDER PHYSICAL THERAPY**  
CAIRO MEDICAL ARTS, STE 102  
4383 RTE 23, CAIRO 12413  
P: 622-9200 F: 622-9945

**POSITIVE MOTION PHYSICAL  
THERAPY**  
Raymond Webster, PT, DPT  
21A Railroad Avenue Unit B, Albany,  
12205  
P: 518-650-6962

**SANDRA J WELLS, PT**  
1603 UNION STREET, SCHENECTADY  
NY  
P: 518-370-0265 F: 518-377-5777

**PT ASSOCIATES OF SCHENECTADY**  
**\*POOL THERAPY AVAILABLE**  
3434 CARMEN RD, SCHENECTADY  
12303  
P: 356-7445 F: 357-0018  
1182 TROY-SCHENECTADY RD,  
LATHAM  
P: 220-9705 F: 220-9651  
1533 UNION ST, SCHENECTADY 12309  
P: 381-9166 F: 381-3947  
178 CLIZBE AVE, AMSTERDAM 12010  
P: 842-1425 F: 842-1706  
43 MALL WAY, WEST SAND LAKE  
12196  
P: 674-1744 F: 674-1774  
1 CONWAY CT, TROY 12180  
P: 273-2715 F: 273-2815  
220 CHURCH AVE, BALLSTON SPA  
P: (518) 885-1541  
17 EXECUTIVE PARK DR, CLIFTON  
PARK  
P: (518) 371-6777  
42 SARATOGA RD, SCOTIA  
(518) 399-6861

**PT OF VALATIE**  
2880 US 9, VALATIE 12184  
P: 758-6070 F: 758-6070

**PHYSICAL THERAPY & WELLNESS  
SOLUTIONS**  
281 SAND CREEK RD, ALBANY, 12205  
P: 518-459-1292

**SCHUYLerville PT**  
43 SPRING ST., SCHUYLerville NY  
P: 507-6414 F: 507-6454

**SETON HEALTH PT REHABILITATION**  
**\*POOL THERAPY AVAILABLE**  
648 PLANK RD, STE 101, CLIFTON  
PARK, 12065  
P: 268-4800 F: 268-4888  
147 HOOSICK ST., TROY 12180  
P: 268-5749 F: 268-5706  
2 EMPIRE DR., STE 202, RENSSELAER  
12144  
P: 286-4990 F: 286-4988

**SPORTS PHYSICAL THERAPY OF NEW  
YORK**  
1 WEST AVE. STE 150,  
SARATOGA SPRINGS 12866  
P: 583-7537 F: 583-7606  
4102 ELLSWORTH BLVD. MALTA, NY  
12020  
P: 240-1152 F: 400-1414

**ST. PETERS PT/OT FITNESS**  
1240 NEW SCOTLAND RD, STE 100  
SLINGERLANDS 12159 #10005852  
P: 475-7186 F: 475-1736

**STEVEN BASSIN DPT**  
32 SHERMAN AVENUE, GLENS FALLS  
12801  
P: 793-7136 F: 793-7142

**SUNNYVIEW HOSPITAL & REHAB  
CENTER**  
**\*POOL THERAPY AVAILABLE**  
1270 BELMONT AVE, SCHENECTADY  
12308  
P: 382-4530 F: 382-4531  
PT CARMEN RD MEDICAL ARTS BLDG  
3757 CARMEN RD, STE 101 SCH'DY  
12303  
P: 356-3139 F: 356-3274

**SUNNYVIEW THERAPY SERVICES**  
115 SARATOGA RD, GLENSVILLE 12302  
P: 386-3579 F: 386-3597  
579 TROY-SCH'DY RD, LATHAM, 12110  
P: 382-4593 F: 382-4598